

I AM DIVERSITY



I Am Diversity

Workshop Leadership
Course



This beautiful work is a soul call from within. The purpose to explore our prejudice, bias and racism.

Taking full ownership of our participation mentally and spiritually.

A personal journey, an awareness of our inner thoughts, beliefs and old stories that we have kept alive through our past experiences, media, family and social contagion.

Using Universal Principles we will explore exercises that call us to a higher listening and meditative practice

1. Take responsibility
2. Acknowledgment
3. Forgiveness
4. Release
5. Create New Feeling Pattern

Your mission in life where your deep-gladness and the worlds deep hungry meet
Richard Nelson Bows

We have arrived.

It is our time to approach our diversity within ourselves. It is only then that we can let go of prejudice, racism, violence and hatred

Let us Be Powerful,
Invincible and Loving on
our Quest

Sano